



Security Awareness Workshop

SWITCH

Katja, Nathalie, Antoine, Michael
katja.doerlemann@switch.ch

Zürich, August 16th 2018

Agenda

09h30-10h00	Welcome coffee
10h00-10h30	General introduction Katja Dörlemann, SWITCH
10h30-11h00	Security and the Internet: an ongoing struggle? Michael Hausding, SWITCH
11h00-11h30	Cyber risk scenarios at universities Antoine Neuenschwander, SWITCH
11h30-12h00	Security Awareness and e-learning Katja Dörlemann, SWITCH
12h00-13h00	Sandwich lunch Offered by SWITCH
13h00-14h00	Security painpoints discussion
14h00-14h15	Coffee break
14h15-15h15	Security painpoints presentation
15h15-15h30	Summary & outlook Katja Dörlemann, SWITCH

What's new @ SWITCH Q3/18



- **Digital Solutions & Consulting Services**

Development of a new business division and creation of a sustainable business case for the Community Service Hub
marco.duetsch@switch.ch, <https://swit.ch/dscs>

- **FUTURE UNIVERSITY**

Think Tank SWITCH in partnership with W.I.R.E.
Read our story, download poster, order study
swit.ch/future-university/order
swit.ch/future-university/story

- **Coordination office on scientific information**

Conceptional work together with swissuniversities
andreas.dudler@switch.ch

- **Procurement**

Adobe Framework Agreement and Microsoft Data Processing Amendment (DPA) signed
procurement@switch.ch

4th Higher Education Cloud Day, 28 August 2018
Registration www.switch.ch/procure/4thhecd/

- **SLSP @ SWITCH**

Subtenants from 1 March 2018 at SWITCH premises
christine.lanner@switch.ch

What's new @ SWITCH Q3/18



Security

- **SWITCH Security Awareness Day**
 - 24 October 2018, Haus der Universität Berne
<https://swit.ch/securityawarenessday>
Password: SWITCHAwareness2018
- **SWITCH-CERT**
 - Mattermost, a secure chat for NREN
cert@switch.ch
- **Malware / Phishing**
 - New contact
spamreport@post.switch.ch
spamanalysis@post.switch.ch
- **SWITCH Security Blog**
 - Read our Blog
<https://securityblog.switch.ch>



Network

- **SWITCHlan Service Description**
 - From July 1st a new service description is available
<https://portal.switch.ch/vip/services/lan/>
daniel.bertolo@switch.ch
- **Big Data Transfer Community**
 - Interdisciplinary network and security workshop together with higher education
daniel.bertolo@switch.ch, silvio.oertli@switch.ch
martin.leuthold@switch.ch
- **IoT Working Group**
 - Interdisciplinary (researchers, network, security) community together with higher education
kurt.baumann@switch.ch, daniel.bertolo@switch.ch
- **SWITCH IoT ecosystem**
 - SWITCH creates a base for a strong IoT ecosystem in partnership with ONIA
www.switch.ch/stories/iot-day-2018/

What's new @ SWITCH Q3/18



Trust & Identity

- **SWITCH edu-ID**
 - Deployment step 3 + 4 in August
christoph.graf@switch.ch
 - Non-profit member of “The OpenID Foundation”
openid.net/foundation/sponsoring-members
- **Identity Blog**
 - Read our Blog
identityblog.switch.ch



Infrastructure & Data Services

- **SWITCHengines**
 - are now qualified for SNF and Innosuisse funding
 - storage and data solutions started with universities
 - Admin UI enhancement: self-signup & virtual classroom
 - P-5 long term storage project submitted
konrad.jaggi@switch.ch, switch.ch/engines
- **IT for Research Day 2018**
 - 19 September 2018, University of Berne
swit.ch/researchday2018

Let's shed some light on Security

CERT

Computer **E**mergency **R**esponse **T**eam

What does a CERT do?

SWITCH-CERT offers a variety of high quality security services to help protecting our customers critical ICT infrastructure. Our services ensure customers readiness and allow rapidly react during a security crisis. We aim at preventing issues and reduce damage during attacks.

SWITCH's Computer Emergency Response Team is the first point of contact for customers with IT security issues. Most of the time, it learns of problems before its customers do and starts working to fix them immediately. Thanks to its worldwide network of partners, SWITCH-CERT effectively handles incidents across national borders.

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SWITCH-CERT



22 years SWITCH-CERT – informed and trusted community

Customers

- Universities
- Hospitals
- Banks

Services

Cyber Threat Intelligence, Detection, Incident and Response as core competences

- Computer Security Incident Response
- Network Security Monitoring
- Trusted Collaboration Services
- Malware Monitoring & Analysis
- Malicious Domain Takedown
- Information & Awareness Services
- DNS Firewall Service

Your benefits

Comprehensive incident support and optimal network security, especially for the Swiss Internet

SWITCH-CERT: Who is it?



Michael

Antoine



Silvio



Frank



Slavo



Mathias



Andreas



Daniel



Yves



Matthias



Oli



Michael



Jakob



Katja



SWITCH-CERT: Who is it?



Network Security Engineer



Silvio



Frank



Antoine



Slavo



Michael



Mathias

Competence Lead DNS & Domain Abuse



Yves



Andreas



Daniel



Oli



Matthias



Jakob



Katja



Michael

Security Awareness Specialist

Security?

Google image search: security

Many different types of security

- Internet Security
- Cyber Security
- Information Security
- Data security

Google image search: internet security

Google image search: cyber security

Google image search: information security

Google image search: data security

Security is all about padlocks.

Security is all about padlocks?

Let's talk about

Sicherheit

Sécurité

Sicurezza



Security Awareness and e-learning

SWITCH

Katja Dörlemann
katja.doerlemann@switch.ch

Zürich, August 16th 2018

Don't be scared –



Your IT (security) team protects you

Don't be scared –



**Your IT (security) team protects you
...from most of it**

What are Security Threats?

Google image search: security threats

What are Security Threats?



Humans are (still) the weakest cybersecurity link

Companies are regularly compromised by social engineering schemes, such as phishing and ransomware. Here's what they can do prevent attacks and, if that's too late, mitigate the damage.



By **Clint Boulton**
Senior Writer, CIO | APR 19, 2017 11:56 AM PT

WARUM DER MENSCH FÜR DIE CYBER SECURITY WICHTIGER IST ALS DIE TECHNIK

Veröffentlicht am 20. Jan 2017 | von Reinhold Zurfluh | Security Awareness | IT-Sicherheit | Cyber Security | 0 Kommentare

Gelegenheit macht Di
raten wir Ihnen folgen
einerseits Rezepte zu
Schwachstelle Mensch

Le facteur humain, principal responsable et grand oublié de la Cyber-Sécurité

En matière de CyberSécurité le facteur humain (facteur H) est la principale faiblesse et trop souvent le grand oublié.

berkriminelle zielen auf die grösste Schwachstelle im System – den Menschen. Der Klick auf einen infizierten E-Mail-Anhang mit dem

Il fattore umano nella cybersecurity

da Nethive Staff | 13 Nov. 2017 | Blog

Il "fattore umano" punto debole del sistema?

25. Juli 2017

Schwachstelle Mensch: 46 Prozent der Cybersicherheitsvorfälle lassen sich auf das Fehlverhalten von Mitarbeitern zurückführen

Die dunkle Seite des Intern

Ausspionieren, infizieren und erpressen: Immer öfter greifen Cyberkriminelle mit Trojanern wie «Petya» an. Die Behörden haben den Kampf aber mit grossen Problemen konfrontiert.

CANTONE 04.10.2017 - 07:00 | LETTO 891

Cyber Security, bollettino di una guerra che non combattiamo

La realtà dei cyber attacchi è cambiata nel

DER WOLF IM SCHAFSPELZ - ODER DER MENSCH ALS ZIEL VON CYBERKRIMINELLEN

Veröffentlicht am 23. Sep 2016 | von Reinhold Zurfluh | Security Awareness | Cyberberrisiken | 0 Kommentare

Elsbeth Tobler
29.6.2017, 05:30 Uhr

WHY HUMANS REALLY ARE THE WEAKEST LINK WHEN IT COMES TO CYBER-SECURITY

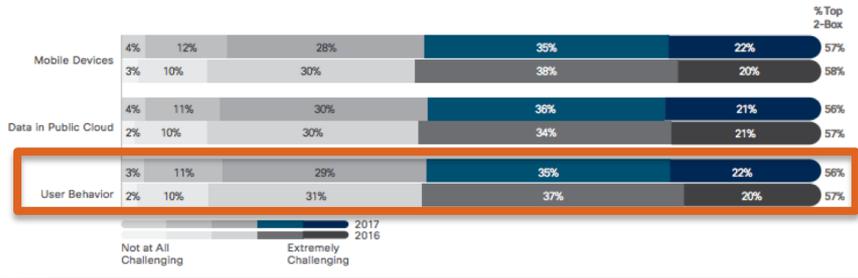
You are the key to keeping your computer safe

By **Arun Vishwanath**
Updated 2210 GMT (0610 HKT) June 28, 2017

– und nutzen dabei die Social Engineering ist für Unternehmen
ik ist das schwächste Glied in der Kette
ellen zielen immer wieder auf die Infrastruktur.
nd Ihre Mitarbeiter

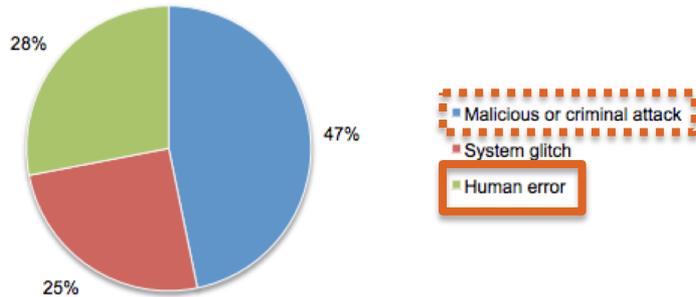
The Weakest Link In Your Cyber Defenses? Your Own Employees

Figure 41 Most challenging areas to defend: mobile devices and cloud data



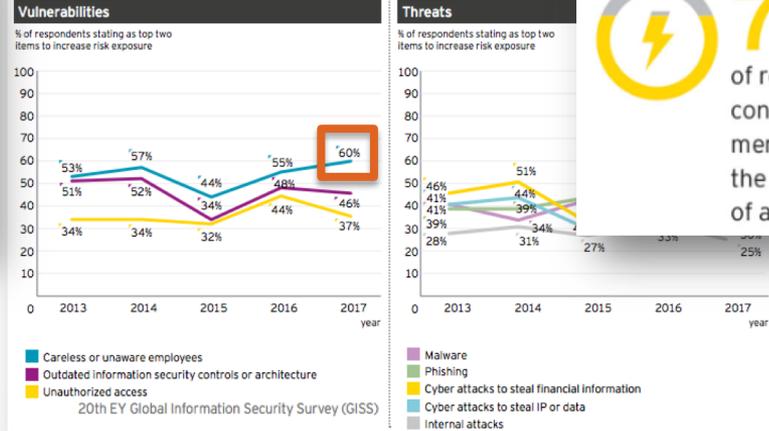
Cisco 2018
Annual Cybersecurity Report

Pie Chart 2. Distribution of the benchmark sample by root cause of the data breach



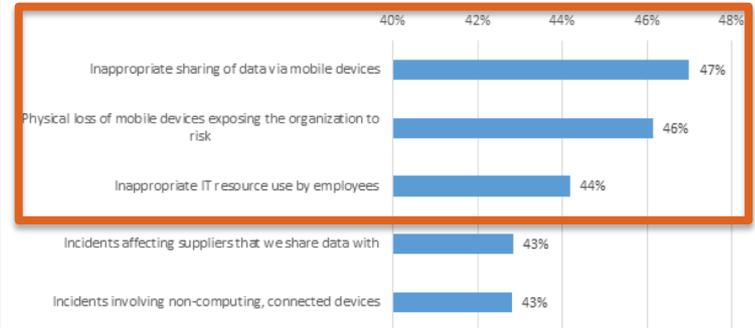
Ponemon
2017 Cost of Data Breach Study

Threats and vulnerabilities perceived to have most the risk exposure of the respondents, 2013-2017



77%
of respondents consider a careless member of staff as the most likely source of attack.

Where do businesses feel vulnerable? Top five fears



Source: IT Security Risks Survey 2017, global data

SECURITY AWARENESS

shall fix it all

What is Security Awareness?

Google image search: security awareness

In theory, Security Awareness is...

ISO 27000:2016:

...“[one of the] fundamental principles [that] contribute to the successful implementation of an ISMS”.

wikipedia:

...“the knowledge and attitude members of an organization possess regarding the protection of the physical, and especially informational, assets of that organization.”

NIST SP800-50:

...”not training. The purpose of awareness presentations is simply to focus attention on security.”

OECD Guidelines for the Security of Information Systems and Networks:

...“the first line of defence for the security of information systems and networks.”

Security Awareness is...

ISO 27000-2016:

...“[one of the] fundamental principles [that] contribute to the successful implementation of an ISMS”.

Note:

1. Security Awareness is very important!
2. Security Awareness measures shall make users aware of security issues.
3. Security Awareness measures shall transmit sustainable knowledge about information security.

NIST SP800-171:

...”not training. The purpose of awareness presentations is simply to focus attention on security issues.”

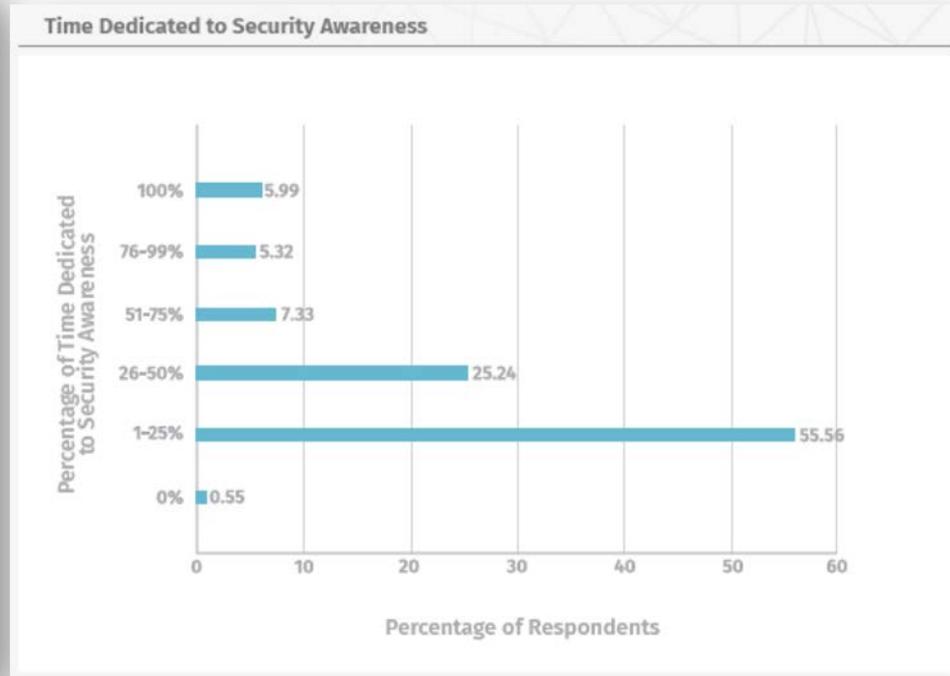
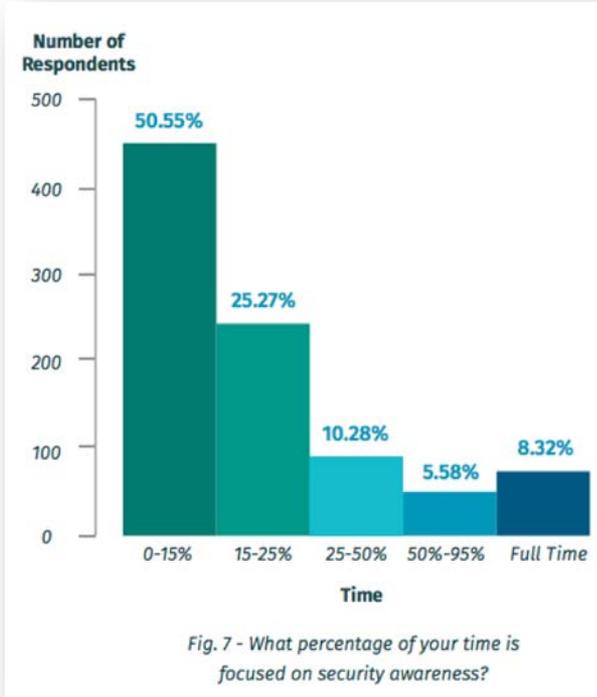
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Resources for Security Awareness



Security Awareness Trinity

Awareness

Raising interest and focusing attention on a topic

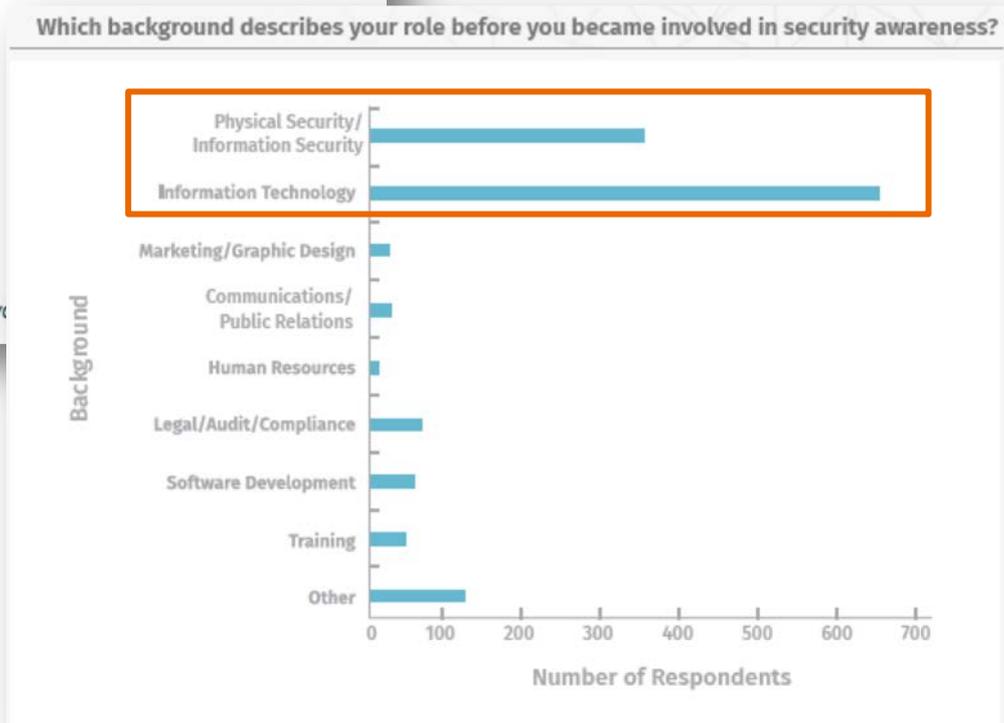
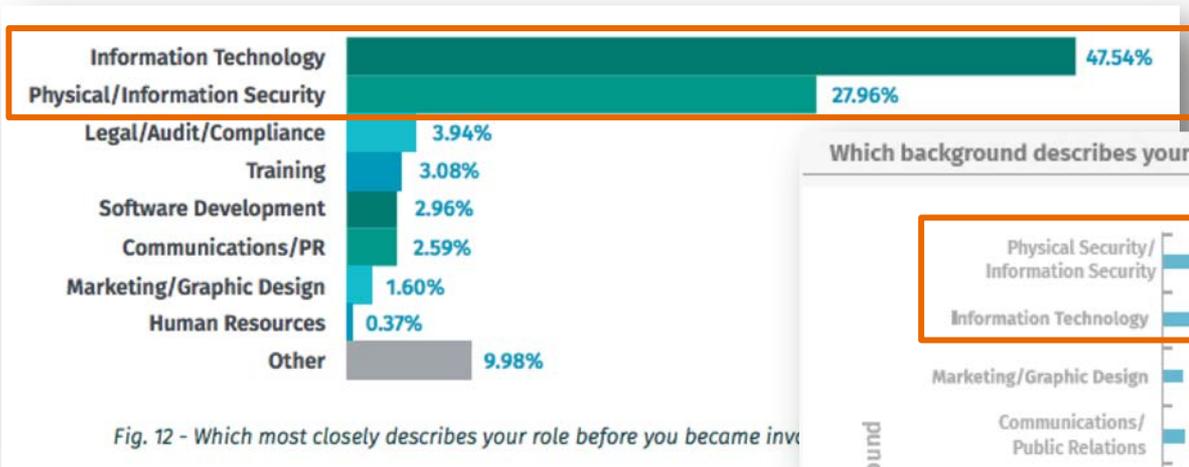
Education

Learning new skills and the theory behind it

Training

Learning and training (new) skills

Responsible for Security Awareness



The geeks have inherited awareness (is that good?).

– SANS Security Awareness Report



Security Awareness in real life



The biggest challenges



- 1. Missing communication skills**
- 2. Missing employee and management support**
- 3. Few financial and personal resources**



**e-learning and
the fight against cyber crime**



Joining forces!



Security Awareness Trinity

Awareness

Raising interest and focusing attention on a topic



Education

Learning new skills and the theory behind it



Training

Learning and training (new) skills

1. Missing communication skills



2. Missing employee and management support

3. Few financial and personal resources





1. Support your local IT (Security) Team

2. Include «Cyber Security» in your education strategy





Collaboration/Working Groups with security teams



STOP | THINK | CONNECT™

What is phishing?

Phishers fish for information of value. Through fake emails, they try to fool you into

- revealing your passwords or credit card data
- downloading a computer virus

STOP | THINK | CONNECT



Protect yourself!

- Never answer email requests for passwords, security codes, pin codes, etc.
- Only open email-attachments sent by addresses you trust.
- Be suspicious of any email that requires 'immediate action'.
- Don't trust emails with a general address, such as 'Dear Customer' or 'Dear Sir or Madam'.
- Be suspicious of any email with poor grammar or spelling.
- Don't trust links from someone you don't know or from an untrusted source.
- Is there a link? Hover your mouse over it to see the true destination.



Have you detected a phishing attempt? Help make the internet a safer place by reporting the address to: <https://www.antiprime.ch>

Cyber security is a shared responsibility!
<https://www.stophinkconnect.ch>





Non ricordi le password?
Cantale!
Per maggiori informazioni
www.stophinkconnect.ch

by Alliance (SSA)



**Sing your
password**

**Chante ton
mot de passe**

**Chanta tes
pled-clav**

**Sing Dis
Passwort**

**Canta la
tua password**



an initiative of APWG and the Swiss Internet Security Alliance (SISA)

Phishing

What is phishing

Phishing is the attempt to steal sensitive data through

Be alert for a Phishing attack?

It can happen to anyone. Depending on the information revealed

- Get in touch with your bank and block your credit card or any transactions on your account
- Contact the company or institution from which the phishing mail claims to be sent
- Change all passwords that might have been stolen. If, for example, your email password has been phished, try to think which other passwords the phisher could discover with access to your email

Observe accounts immediately to detect any suspicious activity

Make sure to do complete backups of your data

It starts with an email

Information of emails, attachments, links, words or downloading

A phishing mail may submit a tempting offer or demand immediate action to make you fill in a fake form click the link to a fake website open a malicious attachment.

The term 'phishing' comes from the word 'fishing'. In contrast to fishers, phishers are not fishing for fish, but for sensitive data, like passwords.

See this?

Hurry!

Dear Customer...

Click Me

send your password

an initiative of APWG and the Swiss Internet Security Alliance (SISA)

Cybermobbing

Say no to cyber mobbing

An act of cyber mobbing consists of intentionally insulting, harassing, threatening or blackmailing via email, SMS, etc., by using online communication.

Cyber mobbing is about:

- spreading false information or rumors,
- spreading and uploading embarrassing or adulterated photos and videos,
- offending, harassing, threatening or blackmailing via email, SMS, etc.

Especially children and teenagers are affected by cyber mobbing. The offenders usually know the victim and use the anonymity of the Internet to hide their identity.

Protection from cyber mobbing:

- Support your child in acquiring media competence.
- Encourage your child to confide in you.
- Don't be afraid of talking about cyber mobbing.

Victims and offenders

Especially children and teenagers are affected by cyber mobbing.

It often starts (offline) in school, but moves to the teenagers' social interaction takes place online on the Internet. This is where they argue, discuss, connect and take risks willingly or unknowingly.

Some of the victims didn't handle this

Never answer email requests for passwords, pin codes, etc.

an initiative of APWG and the Swiss Internet Security Alliance (SISA)

Strong passwords

Sing your password

A strong password keeps the criminals away from your data. Make it long, complex and musical.

So hard to remember - Sing it!

If you want to keep your data (e.g. photos, documents, private information) safe, a strong password is key.

In addition, passwords should never be used twice.

Each account deserves its own password: Instagram, Twitter, Ricardo, email and eBanking clearly.

Strong passwords contain at least 10 characters that consist of numbers, upper and lower cases plus special characters.

Did you know?

81%	81% of hacking leveraged either passwords.
2 minutes	It takes 2 min. to crack a 5 character pass program.
984 years	It takes about 984 years to crack a password with 10 characters and additional characters.
One for all All for one	Having stolen one password, attackers will find all accounts they have access to.
admin	Seeking access to your account? Try to use the most common passwords on your devices first. Better change it.
Password day	Every first Thursday of May is Password Day! On this day everyone is reminded to change their passwords.

How to choose and remember all those long and complex character strings? Here are two options:

- Take the first line of your favourite song and 'passwordify' it:
 - I schänke dir mis Hätz, meh han i nid!
 - =
 - 1sdmH,mh1n!

an initiative of APWG and the Swiss Internet Security Alliance (SISA)

Safe e-banking

Relax your e-banking account

Allow your online account to relax for a bit - find out how to protect it against cyber-attacks

Help your online account to relax

E-banking is a popular target for cyber-attacks. This is how criminals can obtain direct access to your money.

Protect your online account from cyber-attacks. You can find out how to do so here.

Generally, the same basic rules on how to behave on the Internet apply here, too. It is best only to use e-banking from a familiar and secure device (i.e. not from any provided by Internet cafes etc.).

Our Security Basics provide you with tips for your basic protection. Further information can be found on «eBanking – but secure!» (EBAS) under the «5 steps for your digital security».

Is something wrong with your e-banking facility?

Contact your financial institution immediately

<https://www.ebas.ch/ebasnet/>

The secure way to a relaxed account

Financial institutions use various technical measures to provide the best possible security when e-banking. They protect their systems and data transfers with customers and even check individual transaction correctness.

Still, as an e-banking customer, you will have to do your bit, too. It is important you protect your account and remain conscious of security when dealing with your online account.

>_Hack The Hacker



Unforgettable training

Hands-on security



SWITCH Security Awareness Day

October 24th
Haus der Universität, Bern



- | | | |
|-------|---|-------------------------------------|
| 09:30 | Welcome Coffee | |
| 10:00 | Introduction and agenda | Katja Dörlemann, SWITCH |
| 10:15 | Security Awareness - New ways of thinking. An overview | Marcus Beyer, DXC Technologies |
| 11:00 | Three critical concepts for measuring and improving security culture | Dr. Thomas Schlienger, TreeSolution |
| 11:30 | The Websters - stories from the Internet | Alexandre Milan, BAKOM |
| 12:00 | Lunch | |
| 13:30 | Awareness you can touch - theory and praxis | Dietmar Pokoyski, known_sense |
| 15:00 | Coffee Break | |
| 15:30 | Security Awareness at University of Bern | Stefan Zahnd, University of Bern |
| 16:00 | Security Awareness and civil society | Àngel Lopez, Cibervoluntarios |
| 16:30 | Conclusion | Katja Dörlemann, SWITCH |
| 16:45 | Apéro | |



Security Painpoints Discussion

SWITCH

Katja Dörlemann

katja.doerlemann@switch.ch

Zürich, August 16th 2018



Did you experience a security incident?

What are the Security Painpoints in your organisation?

Working questions

- What is important data?
- Who handles important data?
- Where do we store important data?
- If someone wanted to steal information, how could it happen?
- Who has access to our data?

Presentation:

Security Painpoints in your organisation

Security Pillars



System Resonance



SaaS



IT Schulung MAs



Books and Zettelkasten (card + paper)



Have Your Legacy SW



Summary and Outlook



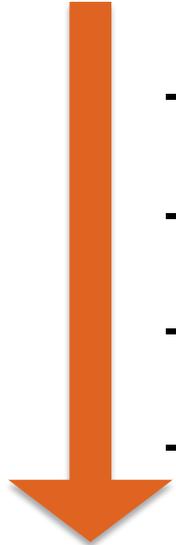
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katja.doerlemann@switch.ch

Zürich, August 16th 2018



Security?



- Security and the Internet: an ongoing struggle.
- Cyber risk scenarios at universities.
- Security Awareness and e-learning.
- Security and its painpoints.

Security!

Discussion and Questions



1. Support your local IT (Security) Team

2. Include «Cyber Security» in your education strategy



www.mentimeter.com